



Thrive OSHC  
 Weekly Program  
 Week - 1  
 Term - 2

Day/Session	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Session	<b>Cosmic Kids Yoga</b> 	<b>Jigsaw Puzzles</b> 	<b>Music/Dancing</b> 	<b>Stories</b> 	<b>Playdough</b> 
Afternoon Session	<b>Bird feeders</b> 	<b>Painting with bubbles</b> 	<b>Autumn</b> 	<b>Playdough</b> 	<b>Paper Flower Garden</b> 



**Term: 2**  
**Week: 1**

Day/Session	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Session</b>	<b>Cosmic Kids Yoga</b>	<b>Jigsaw Puzzles</b>	<b>Music</b>	<b>Story Time</b>	<b>Playdough</b>
What are we doing?	Staff will play cosmic kids' yoga from YouTube and lead children to follow	Staff will allow children to select from a variety of jigsaw puzzles	Staff will lead children in musical activities. Dancing, musical chairs, musical statues etc.	Staff will encourage children to select books to read and talk about	Staff will supply playdough and equipment for children to play with
Who is leading it?	Responsible person will lead this activity	Responsible person will lead this activity	Responsible person will lead this activity	Responsible person will lead this activity	Responsible person will lead this activity
When are we doing it?	7.30am – 8.30am Followed by pack up and free time if time allows	7.30am – 8.30am Followed by pack up and free time if time allows	7.30am – 8.30am Followed by pack up and free time if time allows	7.30am – 8.30am Followed by pack up and free time if time allows	7.30am – 8.30am Followed by pack up and free time if time allows
Why are we doing it?	EYLF/MTOP Outcome 3 – children have a strong sense of wellbeing. 3.2 children take increasing responsibility for their own health and physical wellbeing.	EYLF/MTOP Outcome 5 – children are effective communicators 5.4 Children begin to understand how symbols and patterns work	EYLF/MTOP Outcome 4 – Children are confident and involved learners Children develop dispositions such as curiosity, cooperation, confidence and creativity	EYLF/MTOP Outcome 5 – Children are effective communicators 5.2 – Children engage with a range of texts and gain meaning from them.	EYLF/MTOP Outcome 1 – Children interact in relation to others with care, empathy and respect. Outcome 3 – Children become strong in their social and emotional wellbeing.
<b>What we need.</b>	iPad	Jigsaw Puzzles	Music player. Chairs Instruments	Variety of books	Playdough (from Thursday afternoon activity) Playdough equipment – cutters, roller, toys



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<b>Afternoon Session</b>	<b>Birdseed cookies</b>	<b>Bubble Painting</b>	<b>Autumn</b>	<b>Playdough</b>	<b>Flower Garden creations</b>
<b>What are we doing?</b>	Staff will assist children to measure ingredients and make bird feeders.	Staff will mix colours and assist children with this activity. Encourage creativity	Staff will discuss the seasons and provide children with the resources needed to be creative.	Staff will make a variety of playdough colours and provide laminate templates or playdough equipment	Staff will cut a large variety of shapes and colours of paper. Assist children to make a flower garden on a larger sheet of paper.
<b>Who is leading it?</b>	Responsible person will lead, assistant will assist.	Responsible person will lead, assistant will assist.	Responsible person will lead, assistant will assist.	Responsible person will lead, assistant will assist.	Responsible person will lead, assistant will assist.
<b>When are we doing it?</b>	3.45pm – 4.45pm or until activity is finished. Followed by pack up and free time.	3.45pm – 4.45pm or until activity is finished. Followed by pack up and free time.	3.45pm – 4.45pm or until activity is finished. Followed by pack up and free time.	3.45pm – 4.45pm or until activity is finished. Followed by pack up and free time.	3.45pm – 4.45pm or until activity is finished. Followed by pack up and free time.
<b>Why are we doing it?</b>	EYLF/MTOP Outcome 2 – Children are connected with and contribute to their world. 2.4 Children become socially responsible and show respect for their environment. Cognitive skills – measuring and math skills	EYLF/MTOP Outcome 4 – children are confident and involved learners. 4.1 – Children develop dispositions such as creativity, persistence and imagination.	EYLF/MTOP Outcome 4 – children resource their own learning through connecting with natural materials. Children use a range of skills and processes such as enquiry, researching and experimentation.	EYLF/MTOP Outcome 1 – Children interact in relation to others with care, empathy and respect. Outcome 3 – Children become strong in their social and emotional wellbeing. Language/speech development Fine motor skills Fairness and sharing	EYLF/MTOP Outcome 4 – Children are confident and involved learners. 4.1 – Children develop dispositions such as creativity, persistence and imagination. Fine motor skills Social/emotional development
<b>What we need.</b>	Birdseed Spoon Cookie cutters Bowl and Spatula Coconut oil	plastic cups/bowls food colouring or paint liquid dish soap water straws small pieces of paper	Paper Paint Cotton buds Pom poms etc	Playdough ingredients and template examples attached	A variety of colours of construction paper, cut into shapes Divided tray Glue sticks

